**Equipment extras for figure skaters**

These are items that you should consider purchasing for your figure skater. Some are a must.

MUST HAVES:

* Rubber skate guards to wear when walking in skates
* Skate blade drying towel to ensure all moisture is off the blade and bottom of skate boot
* Soft skate blade covers to wear when storing and packing skates
* Skate bag to carry skates in so they do not get damaged
* Skating gloves and mitts. Multiple pairs is good to have in case a pair gets wet. Also, it is good to have very warm mitts for winter.
* Club on ice fitted warm up jacket (available to Pre-Junior-Senior).

SUGGESTED:

* Skating head band to keep skaters ears warm
* Spinner to practice spins off the ice and to use in our TSC off-ice practice. (Purchase at All Seasons or online at Jerry’s Skate World).
* Skipping rope to use off the ice as a warm up before putting skates on. Also, to use at home for fitness.
* Yoga mat to use during TSC yoga classes and off-ice stretching.
* Yoga block & Yoga Strap to use during TSC yoga classes and to practice stretching at home.
* Posture Band to use when skating or doing any fitness / yoga classes to help improve posture. Can be worn while working on the computer or watching tv too. (Purchase at All Seasons)
* Club puffy winter coat (available to Junior-Senior)